# ROSSLÝN BAY SPA MENU

# FACIAL TREATMENTS

#### PETIT SPA FACIAL

A cleansing facial designed to offer a quick pick-me-up to brighten, hydrate and revitalise the complexion using a selection of nourishing and replenishing ingredients.

30 min \$70

#### MENS DEEP CLEANSING FACIAL

Designed for men to rebalance and revitalise your skin. This treatment includes a gel cleanse, exfoliation, hot towel compress and a scalp massage during a clay mask which revitalises and tones the skin.

30 min \$70

#### PURIFYING BOTANICAL FACIAL

An intense deep-cleansing facial designed for combination to oily skin. Includes and exfoliation and steam compress plus a relaxing scalp massage, using Bentonite and Kaolin Clay.

60 min \$105

#### GOLD-BIO COLLAGEN ANTI-AGEING FACIAL MASK

This innovative anti-ageing mask is formulated with pure gold, natural bio ingredients and hydrating compounds to deliver younger, glowing skin. This mask stimulates cellular regrowth that slows down skin collagen depletion and elastin breakdown.

60 min \$125

#### ANTI-AGEING AND SOOTHING EYE CONTOUR TREATMENT

A revitalising, layered treatment dedicated to the delicate eye area reversing the signs of ageing by reducing puffiness, fine lines and wrinkles around the eyes.

20 min \$45

#### LED LIGHT THERAPY FACIAL TREATMENT

The deep penetrating and soothing LED lights are ideal for reducing the appearance of fine lines and wrinkles, improving uneven skin tone, targeting active acne and illuminating the skin.

The lights induce faster healing lasting about 15 minutes with uniquely coloured LED lights tailored to suit your skin.

60 min \$115

#### ANTI-WRINKLE RADIO-FREQUENCY FACIAL MACHINE TREATMENT

This radio-frequency procedure is a non-surgical treatment for wrinkles and facial skin imperfections. This treatment converts the electrical current to thermal energy within the dermis. The overall result tightens up the outer layers of skin and reduces wrinkling effects.

60 min \$155 including a cleansing facial

#### HIFU FACIAL TREATMENT

The HIFU system is the only non-surgical and non-invasive facelift procedure that uses ultrasound and your natural collagen regeneration process to lift and tighten the skin.

This intense procedure incorporates a cleansing facial using anti-ageing products to maximise your skins potential inside and out.

Two treatments required in a 2 year period.

Prices range from \$250 to \$1200 depending on your skins requirements that will be discussed before your treatment.

## MASSAGE TREATMENTS

30 MIN \$70 45 MIN \$85 60 MIN \$105 75 MIN \$130

### **COUPLES 60 MIN MASSAGE**

Share the experience of your massage with a friend or partner in the same room at the same time.

Couples 60 min \$210

#### **RELAXATION – FULL BODY**

Drift off into a world of bliss with a full body Swedish massage to ease body and mind tension and promote healing.

#### SIGNATURE HOT STONE MASSAGE

This deeply relaxing massage melts away tension, stiffness and increases circulation.

#### **BACK MASSAGE**

Loosen tight muscles and de-stress the neck, shoulders, lower back and hips with this 30 minute massage.

#### THERAPEUTIC MASSAGE

A combination of relaxation, hot stone and deep tissue massage to detox, de-stress and heal the body.

# MANICURE AND PEDICURE TREATMENTS

#### **BEAUTIFUL HANDS**

Hand exfoliation, clay mask, hot towels and moisturise therapy to repair and pamper your hands. Nail and cuticle shaping with oil treatment.

30 min \$55

#### MANICURE RELAX

Full nail and cuticle treatment, hand and arm exfoliation, hydrating clay mask and hot towel compress, followed by a warm oil massage, nourishing hand treatment and polish.

60 min \$90

#### **BEAUTIFUL FEET**

Foot exfoliation, clay mask, hot towels and moisturise therapy to repair and pamper your feet. Nail and cuticle shaping with oil treatment.

30 min \$55

#### PEDICURE RELAX

Includes foot soak, full nail and cuticle treatment, buffing and polishing of feet and heels, hydrating clay mask, hot towel compress and a relaxing foot massage including polish.

SHELLAC NAILS

Buff and polish only
30 min \$55

#### **IONIC DETOX PROGRAM**

The lonic Detox Machine is a high tech water detoxification system that facilitates the body's ability to heal itself. It is a water foot bath the utilises steel electrodes, which cleans, balances and enhances bio-energy, a vital force present in the body's fluids.

Single treatment \$45 6 x treatments \$250

#### **WAXING AND SPRAY TAN TREATMENTS**

Spray Tan Full Body \$50

#### **WAXING**

Eyebrow \$15 Lip \$12 Chin \$15 Face \$35
Under Arm \$15 Half Arm \$35 Full Arm \$40
Bikini \$25 Brazilian \$80
Half Leg \$40 Full Leg \$55

#### **EYES**

Eyebrow tint Eyelash tint \$20 \$25

# **BODY TREATMENTS**

### **Body Slimming Treatment**

**Unoisetion Cavitation 2.0 Slimming Technology** 

This treatment reduces cellulite, contours and tightens skin on the whole body including arms, legs and post pregnancy tummy. Encourages production of collagen and elasticity of skin by breaking down fatty cells. Radio-frequency and vacuum treatments induce oxygen and glucose to flow correctly, resulting in healthier tissue.

90 min \$250

# SPA TREATMENT PACKAGES

#### THE GRANDE INDULGENCE PACKAGE

Starting with a full body exfoliation and body clay mask to repair and renew skin, followed by a head massage, enjoy a warm shower and a 45 minute full body massage. This is followed by a petit facial to hydrate and revitalise your complexion.

1hr 45min \$175 per person

#### TIME FOR YOURSELF PACKAGE

Starting with a harmonising treatment of our Signature Hot Stone 60 minute massage, followed by a petit facial to hydrate and revitalise your complexion.

1hr 30min \$165 per person

#### **BODY DELIGHT PACKAGE**

Starting with an exfoliation and targeted clay mask, including a head massage, followed by a warm shower and a 60 minute full body massage. Rest afterwards with a glass of champagne in our steaming jacuzzi.

1hr 30 min \$165 per person

#### **GROUP BOOKINGS**

Would you like to book your own private party?

Hens / Birthday / Special occasions

# WEDDING PACKAGES

### **PACKAGE ONE**

Full Body massage, facial and pedicure (with polish) for Bride 2hr 15min \$250

### **PACKAGE TWO**

Full Body massage, manicure and pedicure (with polish) for Bride 2hr 40min \$270

### **ROYAL PACKAGE**

Full Body exfoliation, full body massage, 45 min facial, manicure and pedicure (with polish)

4hr \$400